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Course Description:

This combination program provides you with the best of the Motorsport world: you commence the day on the skidpan, to experience the thrill of enhancing your car control skills and recovery in the Beyond the Limits program. Direct coaching from a professional motorsport instructor enables you to develop and practice new skills, assisting with visual, steering, gear changing and mechanical empathy skills that will ensure you are far more prepared for tarmac rallying.

After replenishing your energy with lunch, you move onto the Mallala Track for the Motorsport Excel-erate program. This is the business end of high speed driving. Once you have refined the skills at slow speeds, you must now apply these skills at high speed on a race track. You will be completing fast laps during this training whilst we also work on other techniques. The program increases in difficulty as you improve, slowly adding more to your skill set. Some of these skills are quite technical, however once you understand balance, safe limits and your car control is good, we move into correction techniques.

WORK WITH OUR HIGHLY EXPERIENCED INSTRUCTORS TO IMPROVE YOUR CAR CONTROL SKILLS & LAP TIMES









Course Content:

- Control slides on the throttle
- Counter steer
- Improved visual skills
- Gear changing and sliding
- Recover a slide
- Professional guidance
- Recovery techniques
- Mechanical empathy
- Adapting the seat and steering to higher speeds
- High speed vision/planning
- Gear changing: Auto, Manual, DSG
- Gear changing: Heel/Toe techniques
- Corner entries, car rotation, exit
- Car control: Understeer, Oversteer
- Understanding driver assist technology when racing
- Introductory advice on car preparation, set ups, tyres and brakes



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Duration:

One full day:

• 8.00am - 12.00pm Beyond the Limits

• 12.30pm - 4.30pm Excel-erate

Course Inclusions:

- In vehicle motorsport instruction throughout the day, with one of our specialist trainers
- Refreshments throughout the day
- Lunch, optional extra \$25 pp

Investment:

Motorsport: Beyond the Limits \$549 inc gst

Motorsport Excel-erate \$549 inc gst

Motorsport: Beyond the Limits + Motorsport Excel-erate \$880 inc gst

Motorsport: Shakedown track access only \$199 inc gst

Requirements:

- Suitable vehicle for training day
- Successful completion of the Motorsport Foundation Training Program
- Own safety kit is preferable
- Helmet and attire must be to the neck, wrists, ankles and inflammable
- Must be able to drive a manual vehicle (for CAMS licence)
- Probationary or Full Driver Licence is preferable
- Strictly no Learners



